Additional 21-Day Challenge Suggestions

Meaningful resources shared by participants:

Books
   * The Warmth of Other Suns, by Isabel Wilkerson
   * Biased, by Jennifer Eberhardt
   * Waking Up White, by Debby Irving
   * How to be an Antiracist, by Ibram X Kendi
   * Let the Wall Fall Down, Philip Porter
   * Stamped from the Beginning, Ibram X Kendi
   * White Fragility, Robin DiAngelo
   * My Grandmother’s Hands, by Resmaa Menakem

Magazines/articles/other publications
   * Yes! (magazine)
   * 1619 Project (podcast)

Courses
   * Online course from Yale
   * Webinar with Nicole Hannah Jones (of the 1619 project) with UNC-CH

Documentaries
   * Stone Ghost in the South
   * John Lewis: Good Trouble

Ideas
   * Look at your circle of friends. If they are all the same color, something is wrong.
   * Seek common ground. Show up to the relationship. Be present and work at building and keeping relationships with friends of color like they're the most important thing on earth.

Activities
   * Signed on to Alamance Agents for Change demands, and wrote to local officials to ask about their support