

Racial Justice Task Force and the 21-Day Challenge

There are several sources for “21 Day Challenges” including materials available on Debby Irving’s website (<https://debbyirving.com/21-day-challenge/>). Debby Irving is the author of *Waking Up White: And Finding Myself in the Story of Race*, a book read and studied in churches across the PCUSA.

Here are ideas for the 21 days:

The FPC Racial Justice Task Force invites you to...

Visit Debby Irving’s homepage for the 21 day challenge (<https://debbyirving.com/21-day-challenge/>).

Visit the Smithsonian Institute’s National Museum of African American History and Culture “Talking About Race” portal: <https://nmaahc.si.edu/learn/talking-about-race>

Explore information about Debby Irving’s book, *Waking Up White: And Finding Myself in the Story of Race* (<https://debbyirving.com/the-book/>)

Read about the Juneteenth Holiday <https://www.juneteenth.com/history.htm>

Watch Just Mercy, <https://www.businessinsider.com/how-to-watch-just-mercy-free-streaming-rental> and read about Bryan Stevenson’s book, *Just Mercy*, <https://justmercy.eji.org> and the work of the Equal Justice Initiative <https://eji.org>

Explore Scene on Radio podcast– Seeing White series. This informative podcast of 14 episodes looks at how we got to where we are now with race in America.

Read this article from YES Magazine about white privilege: <https://www.yesmagazine.org/opinion/2017/09/08/my-white-friend-asked-me-on-facebook-to-explain-white-privilege-i-decided-to-be-honest>

Read this article from Fr. Bryan N. Massingale, *The Assumptions of White Privilege and What We Can Do About It* – <https://www.ncronline.org/news/opinion/assumptions-white-privilege-and-what-we-can-do-about-it>

Watch this TED talk by Travis Jones, *Bad White People*, <https://youtu.be/O9muRHgp1NI>

Explore 17 Books About Racial Inequality for Young Readers https://www.vogue.com/article/books-about-racial-inequality-for-childrenutm_source=nl&utm_brand=vogue&utm_mailing=VOG_Daily_060820&utm_campaign=aud-dev&utm_medium=email&bxid=5bd66e762ddf9c619438527d&cndid=18295138&hasha=1cf8b0f18c2df9dda9e852b4534e3556&hashb=a0213554f1e2a7a59cd508f469f1820e55d6dc3a&hashc=2a6c9af07d26b006f1797b099bb1b8ae54aca477c7cd2cd5a05be2af0a699cfe&esrc=VOG_ACX_NONSUB_MIGR&utm_term=VOG_Daily

Watch Dr. Robin DiAngelo Wants White People to Stop Saying They're Not Racist: <https://www.youtube.com/watch?v=rZfiSjTHVqA>

Read Confessions of a Former Bastard Cop, by Officer A. Cab: <https://medium.com/@OfcrACab/confessions-of-a-former-bastard-cop-bb14d17bc759>

Watch Kimberly Jones (How we can win): https://www.youtube.com/watch?v=sb9_qGOa9Go&feature=youtu.be&fbclid=IwAR0zzlnh_k0DAMAQ5O30YqF655-997unADc0J-zz7AyklyANosgVgDYNPA4 (Include a warning for language)

Read Speak Up: Tips for Responding to Everyday Bigotry from the Southern Poverty Law Center: <https://www.splcenter.org/20150125/speak-responding-everyday-bigotry#everyday-bigotry>

Read The Chronic Stress of Being Black in the US Makes People More Vulnerable to COVID-19 and Other Diseases from YES Magazine: https://www.yesmagazine.org/social-justice/2020/06/23/coronavirus-racism-public-health/?utm_medium=email&utm_campaign=YESDaily_20200624&utm_content=YESDaily_20200624+CID_652949c57539b279bd680172c628bf00&utm_source=CM

Watch Oprah's Two Part Presentation on Where Do We Go From Here? Part 1 (<https://www.youtube.com/watch?v=09ysfL2SiHo&app=desktop>) and Part 2 (<https://www.youtube.com/watch?v=1jy6LpivqIM&app=desktop>)

Why are so many white Christians suddenly standing up for racial justice? | The Christian Century <https://www.christiancentury.org/article/opinion/why-are-so-many-white-christians-suddenly-standing-racial-justice>

Truth-Telling Leads to Racial Healing, Studies of Other Countries Show – Yes! Magazine <https://www.yesmagazine.org/social-justice/2020/06/29/racial-healing-reparations-truth-reconciliation>

Read the NPR article on White Supremacy Historical Roots in US Christianity <https://www.npr.org/2020/07/01/883115867/white-supremacist-ideas-have-historical-roots-in-u-s-christianity>

Watch the PBS documentary “Unspoken: America’s Native American Boarding Schools” <https://www.pbs.org/video/unspoken-americas-native-american-boarding-schools-oobt1r/>

Take The Awareness Test <https://www.youtube.com/watch?v=Ahg6qccoay4&feature=youtu.be>

Read “White Privilege: Unpacking the Invisible Knapsack” by Peggy McIntosh <https://nationalseedproject.org/Key-SEED-Texts/white-privilege-unpacking-the-invisible-knapsack>

Watch “Privilege/Class/Social Inequalities Explained in a \$100 Race” (watch to end) <https://www.youtube.com/watch?v=4K5fbQ1-zps>

Take an Implicit Association Test — Project Implicit (you may choose from among multiple tests) <https://implicit.harvard.edu/implicit/education.html>

Watch “Where Is The Love?” <https://www.youtube.com/watch?v=WpYeekQkAdc>

Read the The Belhar Confession <https://www.presbyterianmission.org/resource/belhar-confession/>

Read “Can America Heal Its Racial Wounds? We Asked Desmond Tutu and His Daughter” <https://www.yesmagazine.org/issue/make-right/2015/05/29/can-america-heal-after-ferguson-we-asked-desmond-tutu-and-his-daughter/>

Listen To “Give Your Hands to Struggle” by Sweet Honey in the Rock <https://www.youtube.com/watch?v=LV9Vf0a7YtM>